

# Napping Agreement for The Child Care Learning Academy

Name of Child: \_\_\_\_\_

Parent[s] Name(s): \_\_\_\_\_

Room where my child will sleep \_\_\_\_\_

- This room must be approved day care space
- Safe egress must never be blocked or obstructed by this arrangement

My Child will sleep on a \_\_\_\_crib \_\_\_\_ playpen \_\_\_\_mat \_\_\_\_cot \_\_\_\_bed

\* Sleeping arrangements for infants require that the infant be placed  
**flat on his or her back to sleep.\***

Special Instructions for my child: \_\_\_\_\_

**Naptime Supervision** - The caregiver and the parent(s) agree that:

\_\_\_\_\_ The caregiver will be present in the same room at all times while my child is napping.

\_\_\_\_\_ The caregiver may not be constantly present in the same room where my child will nap AND all of the following conditions are met:

- An electronic monitor must be used
- The door to the room of the napping area must remain open
- The caregiver must be on the same floor as my napping child at all times
- The caregiver must remain awake
- The caregiver must physically/visually check on my napping child every 15 minutes

*If a child has a medical reason that requires an alternate sleeping arrangement this must be part of the child's record and must be maintained onsite at all times. Otherwise, any sleeping arrangement that is different from what is listed above is against regulation.*

I agree to the above arrangements, as discussed with the Day Care Provider

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Family Day Care Provider Signature \_\_\_\_\_ Date \_\_\_\_\_